

California Park and Recreation Society  
Health and Wellness Learning Community presents



# 2nd Annual Kids and Community Health Summit

A STATE-WIDE TRAINING OPPORTUNITY

Friday, November 7, 2008

9:30 am – 2:30pm

Laguna Hills Community Center

25555 Alicia Parkway

Laguna Hills California



# Summit Overview

Parks and recreation agencies are uniquely suited to positively impact the health of the communities they serve. The Kids and Community Health Summit is about sharing great ideas and learning how to create healthy impacts at the agencies we represent.

The Kids and Community Health Summit provides a different approach to learning, by bringing public health experts, research practitioners, physicians and recreation professionals together for a discussion on building feasible strategies to create healthy outcomes.

## Schedule

930-10am Check-In

10-1030am Keynote -Prescribing Physical Activity  
Dr Chris Searles , "RecreationRX"

1030-11am Case Study #1  
Creating Healthy Outcomes through Nature  
and Children's Outdoor Bill of Rights

11-1130am Case Study #2  
Building Partnerships with Public Health Agencies  
Dr .Nancy Bowen, Public Health Chief Medical  
Officer, County of Orange

1130-12pm Roundtable Discussion  
How can we incorporate what we have learned

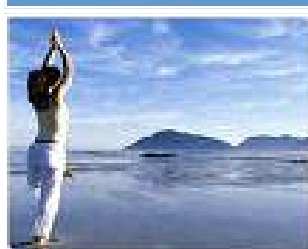
12-1pm Healthy Lunch

1-145pm Policy Options to Create Healthy Communities  
Dr. Sue Babey, UCLA Center for Healthy Policy  
Research

145-2pm Inspiring Youth to Advocate Community Health  
City of La Mesa "Best Practice"- CX3 Program

2-215pm Health and Wellness Learning Community  
Darin Loughrey-

215-230pm How We Promote Health and Wellness  
Angie Avery, CPRS President



## Speaker Biographies

### Dr. Chris Searles

Dr. Chris Searles is the founder of Recreationrx.org, a non-profit organization that promotes health through recreation by facilitating partnerships between healthcare and recreation providers, and the communities they serve. Dr. Searles is a family physician and a psychiatrist who works primarily with the underserved and uninsured of San Diego County. He is on the clinical faculty at UCSD's Department of Family and Preventive Medicine and is the co-director of the UCSD Combined Family Medicine and Psychiatry Residency Program

### Nancy L. Bowen, M.D., M.P.H.,

Dr Nancy Bowen is the Public Health Chief Medical Officer for the County of Orange. She has also served as the Public Health Officer for the County of San Diego and was Co-Chair of the San Diego County Childhood Obesity Action Plan Steering Committee. Dr Bowen will discuss how to effectively partner with and engage County Public Health Agencies in the delivery of health focused programs and services.

### Dr. Sue Babey

Susan H. Babey, PhD, is a research scientist at the UCLA Center for Health Policy Research. Dr. Babey will share her insight into policy options designed to reduce obesity rates. Her research focuses on the social and environmental factors related to physical activity, dietary behavior, overweight and obesity, and chronic health conditions such as asthma and diabetes.

## Registration Information

Registration limited to 250 individuals  
Register by October 23: \$30 per person  
After 10/23 and at door: \$40 per person

Please mail this form, along with your  
check to:

CPRS  
7971 Freeport Blvd  
Sacramento, CA 95832

### Summit Location

Laguna Hills Community Center  
25555 Alicia Parkway  
Laguna Hills California 92653  
(949) 707-2680

### Accommodations

Holiday Inn—Laguna Hills  
(949) 586-5000

## Registration Form

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

List any special needs \_\_\_\_\_

For more information about the Kids and  
Community Health Summit, contact  
Darin Loughrey at (949) 724-6642 or  
dloughrey@ci.irvine.ca.us